

Selective Serotonin Reuptake Inhibitors (SSRIs)

Drug Name	Brand Name	Initial Dose (mg/day)	Range (mg/day)	Notes
Citalopram	Celexa	20	20 – 40	Doses greater than 40 mg/day not recommended due to risk of QT prolongation; maximum 20 mg/day for CYP2C19 poor metabolizers or co-administration with CYP2C19 inhibitors
Escitalopram	Lexapro	10	10 – 20	Maximum 20 mg/day; dose may be increased to maximum daily dose after 1 week; 5 mg tablet available, if needed
Fluoxetine	Prozac	20	20 – 60	Maximum 80 mg/day; dose may be increased by 20 mg increments; doses of 5 or 10 mg/day may be used as initial therapy; doses greater than 20 mg/day may be given in a single daily dose or divided twice daily
Fluvoxamine	Luvox	50	50 – 300	Maximum 300 mg/day; daily doses greater than 100 mg should be divided twice daily with larger dose given at night
Paroxetine	Paxil	20	20 – 60	Maximum 50 mg/day (IR), titrate 10 mg/day increments weekly; maximum 62.5 mg/day (CR), titrate 12.5 mg/day increments weekly
Sertraline	Zoloft	50	50 – 200	Maximum 200 mg/day; titrate 25 mg/day increments weekly

Adapted from: DiPiro, J.T., Talbert, R.L., Yee G.C., Matzke, G.R., Wells, B.G., & Posey M. (2014). Chapter 51. Major Depressive Disorder. In: *A Pharmacotherapy: A Pathophysiologic Approach*. McGraw Hill.